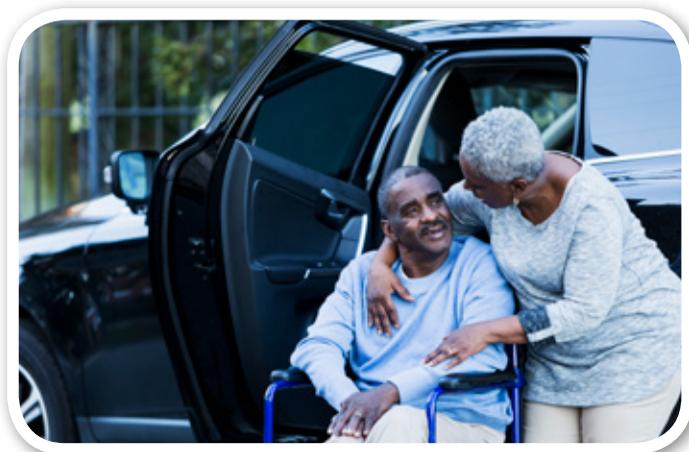


Home and Community-Based Services

For many older adults, a critical component to healthy aging in the community is access to services that help them meet their daily needs. Oftentimes this support comes in the form of assistance with bathing, toileting and personal care, or help with housekeeping, transportation or meal preparation and other necessary activities. These home and community-based services are a backbone to helping ensure that older adults can maintain their health and well-being while continuing to live independently in their homes, which is where they want to be.



Consumer Needs: Issues Facing Older Adults in America Based on Inquiries Received by the Eldercare Locator

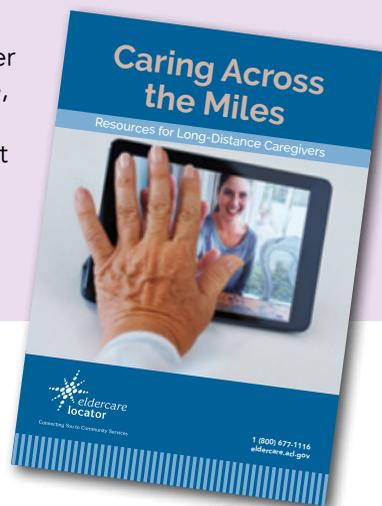
	Transportation	22%	
	Home and Community-Based Services	16%	
	Medical Services and Supplies	15%	
	Home Repair and Modification	7%	
	Elder Abuse	6%	

Fortunately, the Eldercare Locator connects older adults and caregivers to these vital home and community-based services. Most often, individuals who contact the Eldercare Locator seeking information or assistance about home and community-based services are doing so because they would like assistance with chores around the home (43 percent); personal care activities such as assistance with bathing, grooming and dressing (35 percent); home health care services (17 percent); and financial assistance that can help with affording these services (5 percent). Without the critical connections made by the Eldercare Locator to these locally provided services, many older adults would not be able to live in the community.



CALL CONNECTIONS

After being referred to the Eldercare Locator by a health care professional, Mrs. Jackson, the sole caregiver for her 78-year-old father who lives 45 minutes away, contacted the Eldercare Locator for assistance that could help her care for her father from afar. Her father, a veteran, needed in-home assistance with personal care tasks, medication management and daily meal preparation. The Information Specialist Mrs. Jackson spoke with connected her to her father's local Area Agency on Aging and to the Veterans Administration's Caregiver Support Line, which could provide information on in-home care, home health aide available programs, home-delivered meal services and other resources available to veterans. The Information Specialist also made sure Mrs. Jackson received *Caring Across the Miles: Resources for Long-Distance Caregivers*, an Eldercare Locator brochure, to help her with tools and resources that would help her support her father—and take care of herself.



Connecting You to Community Services



advocacy action answers on aging

About the Eldercare Locator

Launched in 1991, the Eldercare Locator is the only national information and referral service that provides support to consumers across the spectrum of issues affecting older Americans. The Locator was established and is funded by the U.S. Administration on Aging, which is part of the Administration for Community Living, and is administered by the National Association of Area Agencies on Aging (n4a).

About the National Association of Area Agencies on Aging (n4a)

The mission of n4a is to build the capacity of Area Agencies on Aging and Title VI Native American aging programs so they can better help older adults and people with disabilities live with dignity and choices in their homes and communities. www.n4a.org

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